



# Office of Children and Family Services

Status Report

# September 2020

## Community-Based Prevention Programs

Release Date: November 30, 2020

### Healthy Families NY

<https://www.healthyfamiliesnewyork.org/>

"We're connecting in any way we can, even if it's just through text message. We're trying to find the light in the darkness. This might be the thing that keeps people connected to our program."

--HFNY Program Manager

#### Supporting Families Right From the Start

Healthy Families New York (HFNY) is an evidence-based home visiting program offering services to **expectant and new parents**, beginning weekly and decreasing over time, until the child starts school or Head Start. **HFNY** is open to first-time parents, as well as **parents with multiple children**, who are pregnant and/or have **at least one child less than 3 months old**.

HFNY is **relationship-based, trauma-informed, culturally humble, family centered, and strength-based**. Home visitors develop healthy relationships with families and **partner with parents** to support them in responding in a sensitive and in a nurturing manner to their young children through various program activities.

### Other Prevention Programs

#### Strengthening Families and Communities

OCFS also funds additional **community-based child abuse prevention programs**. These include Family Resource Centers, home visiting programs, parenting education programs, and clinical family support programs that are **evidence-based or evidence-informed**.

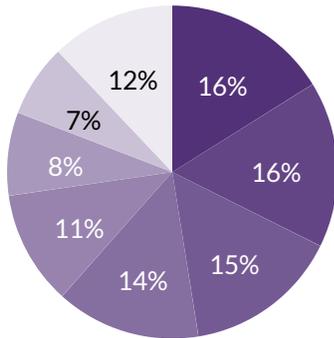
They **work in partnership with other community agencies** and parents to **assist families** in their caregiving roles, **strengthen informal supports**, offer resources directly or through **referrals**, and **promote community investment**. These services build on **protective factors** that research shows can **reduce child abuse and neglect**.

# September

Data from September 2020

## Healthy Families NY

Service Referrals

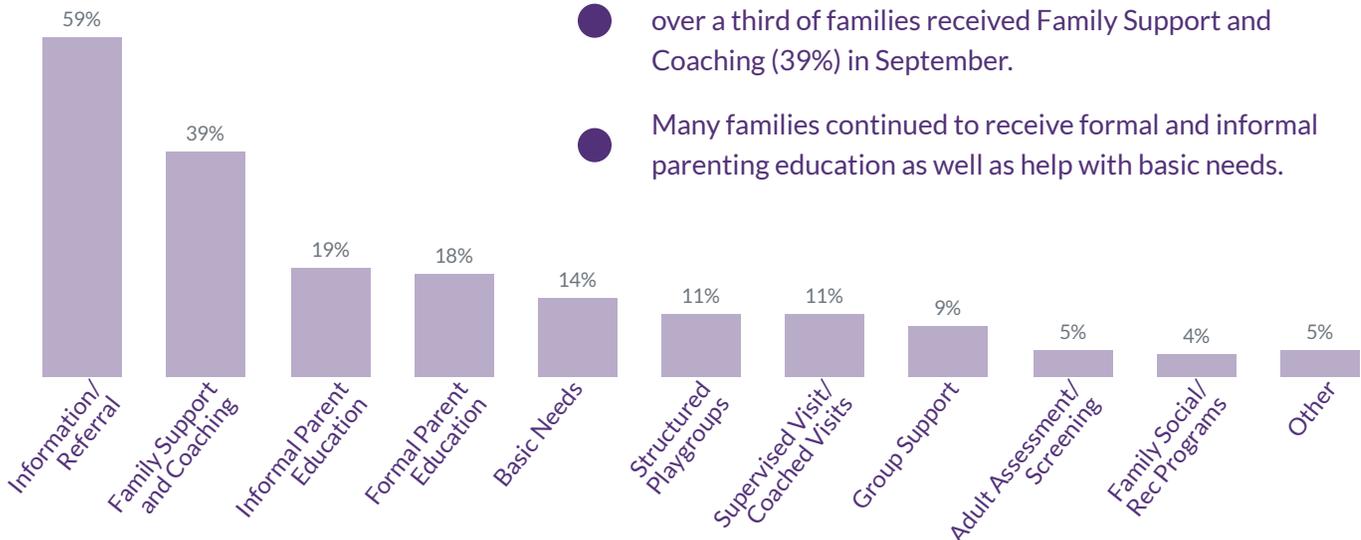


- Nutrition (16.16%)
- Concrete Services (16.16%)
- Counseling / Support Services (15.15%)
- Health Care (14.14%)
- Family/Social Support Services (11.11%)
- Employment, Training and Education (8.08%)
- DSS / HRA (7.07%)
- Other Services (12.12%)

- By the end of September, home visitors completed 209 Parent Surveys, with 123 new families enrolled in services.
- Home visitors completed over 5,300 home visits during this time.
- 67% of visits lasted more than 45 minutes.
- 33% of visits lasted 30-44 minutes.
- The 336 home visitors received over 1850 hours of supervision, with an average of over 5.5 hours per worker for the month of September.
- By mid-November, 63% of the referrals resulted in families receiving services or had services pending.
- Nutrition referrals are seeing an increase heading into the fall, with Concrete Services, Counseling/Support Services, and Health Care referrals close behind.

## Other Prevention Programs

Services Provided



- In the month of September, these 35 community-based programs served 684 people.
- Over 2,300 services were provided to participants.
- Nearly 60% of families received information/referrals, while over a third of families received Family Support and Coaching (39%) in September.
- Many families continued to receive formal and informal parenting education as well as help with basic needs.