



# Office of Children and Family Services

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Status Report

October  
2020

Release Date: December 31, 2020

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## Community-Based Prevention Programs

### Healthy Families NY

<https://www.healthyfamiliesnewyork.org/>

"We're connecting in any way we can, even if it's just through text message. We're trying to find the light in the darkness. This might be the thing that keeps people connected to our program."

--HFNY Program Manager

#### Supporting Families Right From the Start

Healthy Families New York (HFNY) is an evidence-based home visiting program offering services to **expectant and new parents**, beginning weekly and decreasing over time, until the child starts school or Head Start. **HFNY** is open to first-time parents, as well as **parents with multiple children**, who are pregnant and/or have **at least one child less than 3 months old**.

HFNY is **relationship-based, trauma-informed, culturally humble, family centered, and strength-based**. Home visitors develop healthy relationships with families and **partner with parents** to support them in responding in a sensitive and in a nurturing manner to their young children through various program activities.

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### Other Prevention Programs

"I have become a more confident parent because of the support and encouragement I have received here."

--Parent who received services

#### Strengthening Families and Communities

OCFS also funds additional **community-based child abuse prevention programs**. These include Family Resource Centers, home visiting programs, parenting education programs, and clinical family support programs that are **evidence-based or evidence-informed**.

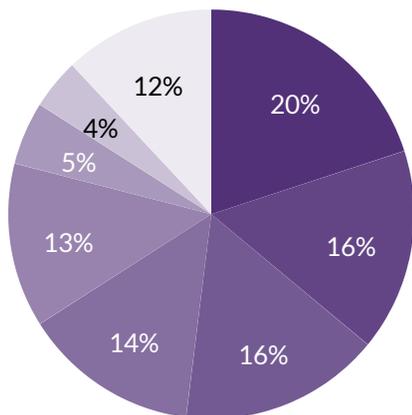
They **work in partnership with other community agencies** and parents to **assist families** in their caregiving roles, **strengthen informal supports**, offer resources directly or through **referrals**, and **promote community investment**. These services build on **protective factors** that research shows can **reduce child abuse and neglect**.

# October

Data from October 2020

## Healthy Families NY

Service Referrals

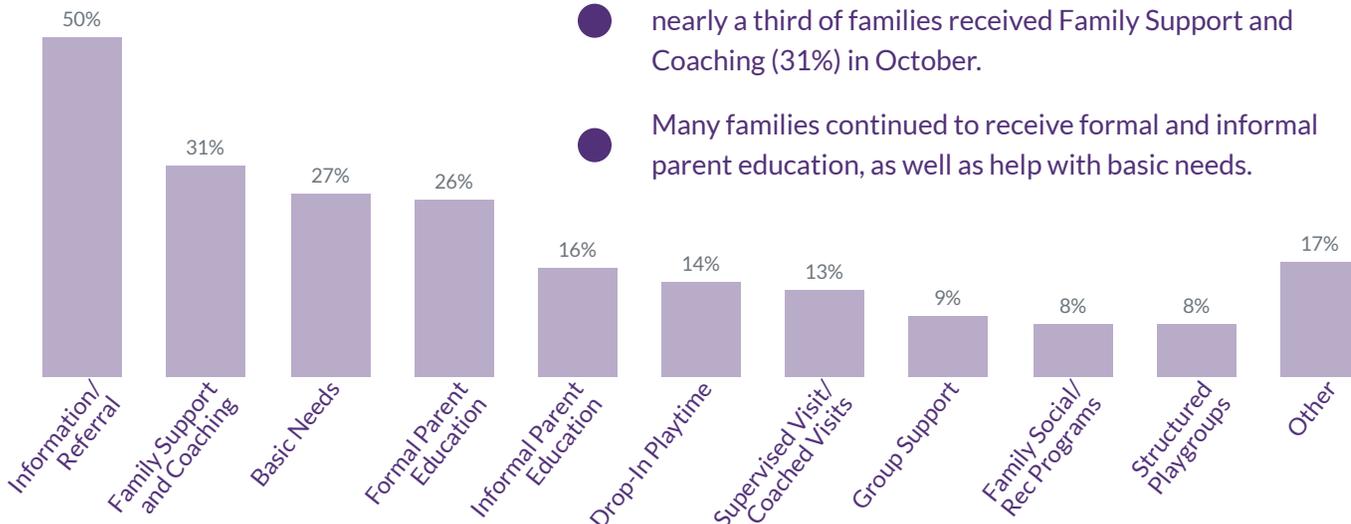


- Nutrition (20%)
- Concrete Services (16%)
- Family/Social Support Services (16%)
- Counseling / Support Services (14%)
- Health Care (13%)
- DSS / HRA (5%)
- Employment, Training and Education (4%)
- Other Services (12%)

- By the end of October, home visitors completed 217 Parent Surveys, with 157 new families enrolled in services.
- Home visitors completed over 5,700 home visits during this time.
- 66% of visits lasted more than 45 minutes.
- 34% of visits lasted 30-44 minutes.
- The 329 home visitors received over 1750 hours of supervision, with an average of over 5 hours per worker for the month of October.
- By mid-December, 66% of the referrals resulted in families receiving services or had services pending.
- Nutrition referrals continue to increase in October, with Family/Social Support Services also seeing an increase this month.

## Other Prevention Programs

Services Provided



- In the month of October, these 35 community-based programs served 726 people.
- Over 3,100 services were provided to participants.
- 50% of families received information/referrals, while nearly a third of families received Family Support and Coaching (31%) in October.
- Many families continued to receive formal and informal parent education, as well as help with basic needs.