



Office of Children and Family Services

Status Report

December 2020

Community-Based Prevention Programs

Release Date: February 28, 2021

Healthy Families NY

<https://www.healthyfamiliesnewyork.org/>

Programs On Operating During a Pandemic:

"We're seeing more family enrollment; families are saying, 'we're in a pandemic, I need more support.'"

"Being able to come through for them is helping them to build the initial trust, and us having the connections in the community to resources is a way we are building trust."

Supporting Families Right From the Start

Healthy Families New York (HFNY) is an evidence-based home visiting program offering services to **expectant and new parents**, beginning weekly and decreasing over time, until the child starts school or Head Start. **HFNY** is open to first-time parents, as well as **parents with multiple children**, who are pregnant and/or have **at least one child less than 3 months old**.

HFNY is **relationship-based, trauma-informed, culturally humble, family centered, and strength-based**. Home visitors develop healthy relationships with families and **partner with parents** to support them in responding in a sensitive and in a nurturing manner to their young children through various program activities.

Other Prevention Programs

"I like that I can have somebody I trust to confide in whenever I need to and I love how I feel cared about."

--Parent who received services

Strengthening Families and Communities

OCFS also funds additional **community-based child abuse prevention programs**. These include Family Resource Centers, home visiting programs, parenting education programs, and clinical family support programs that are **evidence-based or evidence-informed**.

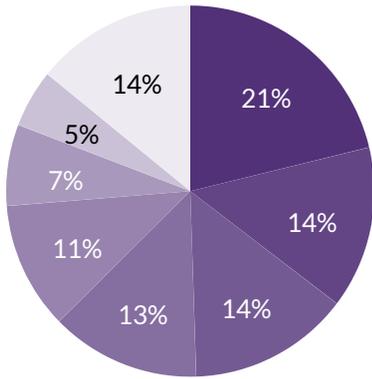
They **work in partnership with other community agencies** and parents to **assist families** in their caregiving roles, **strengthen informal supports**, offer resources directly or through **referrals**, and **promote community investment**. These services build on **protective factors** that research shows can **reduce child abuse and neglect**.

December

Data from December 2020

Healthy Families NY

Service Referrals

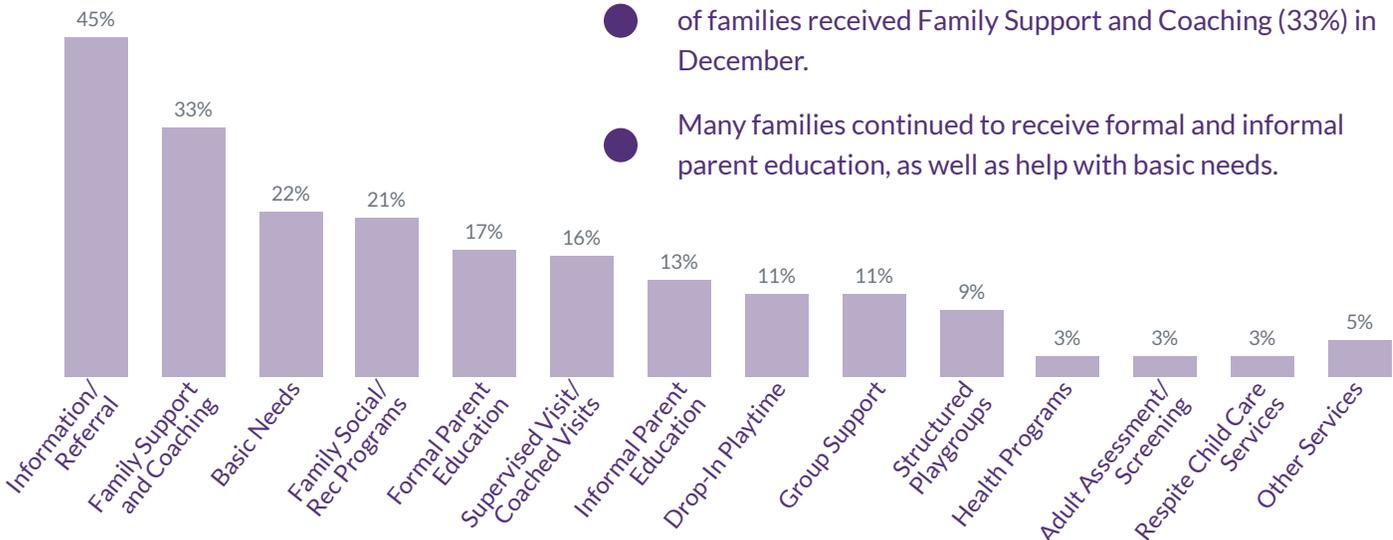


- Concrete Services (21.21%)
- Health Care (14.14%)
- Counseling / Support Services (14.14%)
- Nutrition (13.13%)
- DSS / HRA (11.11%)
- Family/Social Support Services (7.07%)
- Employment, Training and Education (5.05%)
- Other Services (14.14%)

- By the end of December, home visitors completed 183 Parent Surveys, with 68%, or 124 new families enrolled in services.
- Home visitors completed over 5,700 home visits during this time.
- 61% of visits lasted more than 45 minutes.
- 39% of visits lasted 30-44 minutes.
- The 327 home visitors received over 1,710 hours of supervision, with an average of over 5 hours per worker for the month of December.
- By mid-February, 57% of the referrals made in December resulted in families receiving services or had services pending.
- Concrete Services overtook Nutrition referrals to make up the largest portion of total referrals in December.

Other Prevention Programs

Services Provided



- In the month of December, these 27 community-based programs served 585 people.
- Over 3,000 services were provided to participants.
- 45% of families received information/referrals, while a third of families received Family Support and Coaching (33%) in December.
- Many families continued to receive formal and informal parent education, as well as help with basic needs.