



Supporting Families Right From The Start

Healthy Families New York (HFNY) offers home-based services to support expectant families and new parents with the changes and needs that often come with the birth of a new child. Services are voluntary and free and include helping families access community resources, educating families on parenting and child development, connecting families with medical providers, and assessing children for developmental delays.

Learn More About Why Dads Matter

- Research shows that dads play an important role in promoting healthy child development.
- Even non-resident dad involvement has long lasting and positive impacts on child well-being.
- Dads' involvement has been shown to positively impact school performance, social functioning and self-esteem.
- Even when not together, parents that participate in Healthy Families NY can help babies thrive.



To find a program near you, please visit our website:

www.healthyfamiliesnewyork.org

