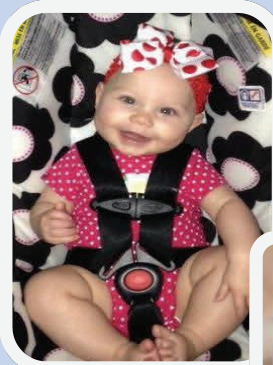
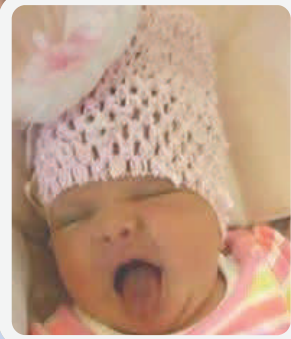


Fun Facts ~ Silly Photos



Human babies are the only primates who smile at their parents.



A baby cannot taste salt until it is 4 months old.



An average baby will go through approximately 2,700 diapers a year !



A baby is born into the world every 3 seconds.

In the United States, there are more babies born on Wednesday than any other days of the week. Sunday is the slowest.

Healthy Families Ontario & Yates are programs at :

Child & Family Resources, Inc., your local Child Care Resource and Referral Agency and Family Resource Center.



671 S. Exchange St.
Geneva, New York 14456
Phone: 315-781-1491
Fax: 315-789-2524

514 S. Main St.
Canandaigua, NY 14424
Phone: 585-919-2476
Fax: 585-394-2078

263 Lake St.
Penn Yan, NY 14527
Phone: 315-536-1134
Fax: 315-536-9918

Email: cfr.info@cfresources.org

Visit our website at: cfresources.org

Ask us about:

Baby Café Pack-n-plays
Child Care Referrals Car Seats

Healthy Families is funded through a grant by the New York State Office of Children and Family Services, and is in partnership with Ontario & Yates County Department of Social Services.

Healthy Families Ontario & Yates



At Child & Family Resources, Inc.



... because babies don't come with instructions

Did you know that learning starts before birth?

Healthy Families can provide support to families that are having a baby or have a newborn.

PRENATAL SUPPORT:



- ◆ Information regarding prenatal development
- ◆ How to care for yourself before and after baby is born
- ◆ Providing answers to your questions about labor, delivery & breastfeeding.
- ◆ Connects families with community services and resources

Healthy Families Ontario & Yates



All of our services are free, voluntary, and provided for you in the comfort of your own home!

We are here to support you with:

- ◆ Breastfeeding information, options & common concerns
- ◆ Helping your child learn about the world through play
- ◆ Positive support and reinforcing the strengths of your family
- ◆ Positive parenting options and ideas
- ◆ Encourages parents to reach their unique goals
- ◆ What to expect next: infant feeding, teething, sleep routines, walking, potty training, preparing for school
- ◆ Information and activities to promote child safety and development

What do families have to say about us?

“Thanks to Healthy Families I’ve become a more patient, understanding, and fun Mom!”



“Healthy Families helps me with all my questions, concerns, do activities, and make sure my kids are developing on time.”



“I don’t know what I would have done without my support worker! She has helped me in so many ways, and always assures me of my ability to be a great mom!”